



EDEN SCHOOL

OF TRANSFORMATIONAL ENERGY
HEALING AND SHAMANISM

SPIRIT RELEASE AND THE DEATH TRANSITION -

THE RAINBOW BRIDGE

The practice of spirit release or psychopomping has always been an integral part of shamanic practice. On this course we will learn this practice and its importance in helping spirits to move on. This enables the release of emotional illness caused through spirit attachment. In journeys we will visit the Land of the Dead and learn about the death transition process.

This often misunderstood process is both a beautiful and rewarding practice, allowing bewildered, tormented or misplaced souls the opportunity to move on with their soul path.

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