



EDEN SCHOOL

OF TRANSFORMATIONAL ENERGY HEALING AND SHAMANISM

INTRODUCTION TO SHAMANISM 1: WALKING BETWEEN THE WORLDS

This course is entitled 'Walking Between the Worlds', and introduces the student to the study and practice of shamanism, the oldest form of spiritual practice.

The weekend will involve a series of journeys into the spirit worlds to communicate with power animals and spirit teachers and to learn the importance of the rattle and drum in shamanic practice.

Shamanic journeys will include using the healing and transformative powers of the four elements, the importance of the directions and the divisions of the year. A manual is provided.

The 'Introduction to Shamanism' and 'Talking to Spirits' modules form the foundation for the whole shamanic course and should be completed before moving on to the other modules.

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