



# **EDEN SCHOOL**

## **OF TRANSFORMATIONAL ENERGY HEALING AND SHAMANISM**

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### **SOUL RETRIEVAL 2: THE ART OF RECOLLECTION AND THE ILLUSION OF SELF**

The second part of Soul Retrieval practice involves journeying on the process of separation, amnesia of the soul and the spiritual practice of amnanesis, observed and undertaken by the shamans of South America, which will enhance our abilities to observe from a place of detachment.

We will also learn about the process of allowing the soul to communicate on all levels of vibration, to show us the subtle mismatches, disturbances and imbalances which indicate soul loss or continued soul draining that has hindered the souls advancement.

Finally, learning about the process of transfixation - an important soul concept in the practice of soul retrieval.