



# **EDEN SCHOOL**

## **OF TRANSFORMATIONAL ENERGY HEALING AND SHAMANISM**

---

### **SOUL RETRIEVAL 1: DARKNESS COMES BEFORE THE DAWN**

A vital part of shamanic healing practice is the deep, far-reaching process of soul retrieval. In shamanic terms serious illness and energetic imbalances have soul loss as their root cause. During this course you will learn about the process of soul loss, retrieval and integration and why it is such an amazing and vital practice in shamanism and energy work. We will practice the various methods of retrieval, how they are accomplished and the ongoing care of the person during and after the process of integration. This will give the shamanic student and any serious energy practitioner a deeper insight and understanding into the interaction of body, mind and soul and the effects on the overall health of the individual.